FOR IMMEDIATE RELEASE

San Antonio Community Hospital to Hold 2nd Annual Men’s Health Event & Car Show

June is Men’s Health Month, a great time to remind men about the importance of paying more attention to their own health. In fact, statistics show that many men still do not receive important preventive screenings and care. Men are less likely to have an ongoing relationship with a physician and tend to visit the doctor’s office only after something goes wrong.

San Antonio Community Hospital wants to improve the health of men in the community by helping them understand more about health issues unique to men and encouraging routine tests that can help prevent larger, more chronic health problems down the road. In honor of Men’s Health Month, the hospital will be holding its 2nd Annual Men’s Health Event & Car Show. A crowd of close to 200 participants is expected to attend with approximately 70 cars entered into the car show.

WHEN: Saturday, June 21st, 8 am – 12:30 pm

WHERE: San Antonio Community Hospital
901 San Bernardino Road, Upland (adjacent to hospital)

WHAT: Men can enjoy:
• Car show with hot rods and classic cars displayed by other men in the community and employees of San Antonio Community Hospital
• Healthy eats – continental breakfast and lunch
• Health conversations – physicians will give 10-15 minute presentations on various health topics
• Health screenings – men can take advantage of on-premise screenings for cholesterol, blood glucose, blood pressure, and more.

PRICE: $15 individual/$20 per couple. Advance registration is required. For more information, please call 909.920.6139 or visit sach.org/menshealthevent.