FOR IMMEDIATE RELEASE

San Antonio Regional Hospital to Hold 4th Annual Health & Hot Rods Event

UPLAND, Calif. (June 5, 2016) – June is Men’s Health Month, a great time to remind men about the importance of paying more attention to their own health. In fact, statistics show that many men still do not receive important preventive screenings and care. Men are less likely to have an ongoing relationship with a physician and tend to visit the doctor’s office only after something goes wrong.

San Antonio Regional Hospital wants to improve the health of men in the community by helping them understand more about health issues unique to men and encouraging routine tests that can help prevent larger, more chronic health problems down the road.

In honor of Men’s Health Month, the hospital will hold its 4th Annual Health & Hot Rods Men’s Health Event & Car Show. A crowd of over 200 men and couples are expected to attend with approximately 70 cars entered into the car show.

WHEN: Saturday, June 25th, 8 am – 12:00pm

WHERE: San Antonio Regional Hospital
901 San Bernardino Road, Upland (adjacent to hospital)

WHAT:
Attendees will enjoy:
• Car show with hot rods and classic cars on display
• Best in Show winner receives a one-of-a-kind designer trophy
• Healthy eats – continental breakfast and lunch
• Health conversations – physicians will give 10-15 minute presentations on various health topics unique to men
• Health screenings – free screenings for cholesterol, blood glucose, blood pressure, and more.
• Health & Hot Rods t-shirt included with registration
PRICE: $15 individual/$20 per couple. Advance registration is required. For more information, please call 909.920.6139 or visit sarh.org/menshealthevent.

### About San Antonio Regional Hospital

San Antonio Regional Hospital in Upland, California is a 271-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women’s health, maternity and neonatal care, and emergency services. Since 1907, San Antonio Community Hospital has emerged as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. The hospital is nearing completion of a major expansion project that will add a new 52-bed emergency department and a 92-bed patient tower comprised of 80 private rooms and 12 critical care beds on its main hospital campus. The expansion, which will be completed in 2015, positions San Antonio as a hospital of the future offering state-of-the-art healthcare services in a healing environment that is focused on the patient and family. To learn more, visit www.sarh.org.