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San Antonio Regional Hospital Named Among U.S. News & World Report's Fifth Annual 2026 Best Hospitals for Maternity Care

UPLAND – December 10, 2025 – U.S. News & World Report, the global authority in hospital rankings and consumer advice, has named San Antonio Regional Hospital as a 2026 High Performing hospital for Maternity Care. This is the highest award a hospital can earn as part of U.S. News' Best Hospitals for Maternity Care annual study, now in its fifth edition.

U.S. News began evaluating maternity care hospitals in 2021, rating hospitals that provide labor and delivery services and submit detailed data to the publication for analysis. For the 2026 edition, approximately 900 hospitals nationwide submitted maternity data for evaluation. Best Hospitals for Maternity Care ratings are intended to assist expectant parents, in consultation with their prenatal care providers, in making informed decisions about where to receive maternity services that best meet their family's needs.

San Antonio Regional Hospital earned a High Performing designation in recognition of maternity care as measured by factors such as C-section rates in lower-risk pregnancies, severe unexpected newborn complication rates, exclusive breast milk feeding rates, and birthing-friendly practices, among other measures.

"We are deeply honored to be recognized by U.S. News & World Report as a High Performing hospital for Maternity Care," said John Chapman, President & CEO of San Antonio Regional Hospital. "This designation reflects the level of excellence our providers and clinical care teams bring to every birth experience. Providing safe, evidence-based maternity services for our growing community is a responsibility we take to heart. And at a time when many facilities in our region are making the difficult decision to close their maternity units, San Antonio is moving forward with construction of a new, state-of-the-art maternity department to continue meeting the needs of families for years to come."

"Hospitals designated as a U.S. News Best Hospital for Maternity Care are national leaders. This recognition means they are consistently hitting crucial patient safety benchmarks compared to other hospitals," said Jennifer Winston, Ph.D., health data scientist at U.S. News. "It's a clear signal to expectant parents about where the highest standards of care are being practiced – when parents see this designation, they can be assured they are choosing a hospital dedicated to exceptional, evidence-based maternity care."

For more information, visit <u>Best Hospitals for Maternity Care</u> and use #BestMaternityHospitals on Facebook, Instagram, Threads, TikTok and X.

About San Antonio Regional Hospital

San Antonio Regional Hospital in Upland, California is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, cancer care, orthopedics, neurosciences, women's health, maternity and neonatal care, and emergency services. Founded in 1907, with only 18 beds and 5 physicians, San Antonio Regional Hospital is continually growing with its community and is now recognized as a premier regional medical facility with satellite locations across the rapidly expanding Inland Empire. Given its broad geographic reach and the depth and breadth of its services and programs, supported by the latest medical science and technology, San Antonio is a hospital of the future, offering state-of-the-art healthcare services in a healing environment focused on the patient and family.

About U.S. News & World Report

U.S. News & World Report is the global leader for journalism that empowers consumers, citizens, business leaders and policy officials to make confident decisions in all aspects of their lives and communities. A multifaceted media company, U.S. News provides unbiased rankings, independent reporting and analysis, and consumer advice to millions of people on USNews.com each month. A pillar in Washington for more than 90 years, U.S. News is the trusted home for in-depth and exclusive insights on education, health, politics, the economy, personal finance, travel, automobiles, real estate, careers and consumer products and services.

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