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San Antonio Regional Hospital Named to U.S. News & World Report 2025 Best Hospitals for Maternity Care

UPLAND, CA – December 10, 2024 – U.S. News & World Report, the global authority in hospital rankings and consumer advice, has named San Antonio Regional Hospital as a 2025 High Performing hospital for Maternity Care. This is the highest award a hospital can earn as part of U.S. News' Best Hospitals for Maternity Care annual study.

U.S. News began evaluating maternity care hospitals in 2021, rating hospitals that provide labor and delivery services and submit detailed data to the publication for analysis. <u>Best Hospitals for Maternity Care</u> assists expectant parents, in consultation with their prenatal care team, in making informed decisions about where to receive maternity services that best meets their family's needs.

San Antonio Regional Hospital earned a High Performing designation in recognition of maternity care as measured by factors such as severe unexpected newborn complication rates, birthing-friendly practices and transparency on racial/ethnic disparities, among other measures.

"We are honored to be named to U.S. News & World Report's 2025 Best Hospitals for Maternity Care," commented John Chapman, President & CEO of San Antonio Regional Hospital. "I credit our outstanding maternity care team of physicians, labor and delivery nurses, lactation consultants, and others who strive to create an excellent birthing experience for our patients. As many hospitals across the nation have closed their maternity units, San Antonio Regional Hospital is committed to meeting the maternal health needs of our diverse community. As such, we have embarked on a capital campaign for a new state-of-the-art comprehensive maternity unit which will continue our excellence in maternity care for generations to come."

U.S. News evaluated 817 hospitals from across the United States. Only half of all hospitals evaluated for U.S. News' 2025 ratings edition have been recognized as Best Hospitals for Maternity Care.

"The hospitals recognized by U.S. News as Best Hospitals for Maternity Care showcase exceptional care for expectant parents," said Jennifer Winston, Ph.D., health data scientist at U.S. News. "These hospitals demonstrate significantly lower C-section rates and severe unexpected newborn complications compared to hospitals not recognized by U.S. News."

The U.S. News Best Hospitals for Maternity Care methodology is based entirely on objective measures of quality, such as C-section rates in lower-risk pregnancies, severe unexpected newborn complication rates, exclusive breast milk feeding rates, birthing-friendly practices and reporting on racial/ethnic disparities, among other measures.

For more information, visit <u>Best Hospitals for Maternity Care</u> and use #BestMaternityHospitals on <u>Facebook</u>, <u>Instagram</u>, <u>TikTok</u> and <u>X</u>.

About San Antonio Regional Hospital

San Antonio Regional Hospital in Upland, California is a 363-bed, nonprofit, acute care hospital that combines excellent clinical care with exceptional compassion. The award-winning hospital offers a comprehensive range of general medical and surgical services, along with the latest technological advances in cardiac care, care, care, orthopedics, neurosciences, women's health, maternity and neurosciences, <a href="women's health, maternity and neurosciences, <a href="women's health, maternity and neurosciences, <a href="women's health, <a href="women's health, neurosciences, <a href="women's health, <a href="wome

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