

SAN ANTONIO REGIONAL HOSPITAL

~ October 2025 CME Presentations ~

Thursday, October 9th

12:15 pm

Presentation via Zoom

This activity will encompass the following Desirable Physician Attributes: Patient Care & Procedural Skills, Medical Knowledge, Professionalism, Practice-Based Learning & Improvement, and Systems-Based Practice.

1.0 ABIM MOC Credit,
1.0 ABOS MOC Credit,
1.0 ABS MOC Credit,
& 1.0 ABTS MOC Credit Offered

"PREVENTION OF HOSPITAL READMISSIONS"

Jessica Sims, M.D., MPH – Spokesperson and Expert, American Heart Association; Emergency Physician and Regional Medical Director, AHA Med Health Services, Los Angeles, CA; Assistant Professor of Emergency Medicine, David Geffen School of Medicine, University of California, Los Angeles

Desired Outcomes:

At the conclusion of this activity, participants will be able to:

- ❖ Determine the impact of avoidable readmissions on patients/hospitals
- ❖ Apply various strategies for reducing readmissions
- ❖ Identify high-risk patients that are likely to require special attention/intervention to avoid readmissions
- ❖ Utilize systems optimizing patient flow management
- ❖ Identify and navigate factors that predispose racial/ethnic minorities to experience a preventable hospital readmission
- ❖ Effectively communicate discharge instructions and ensure patients receive appropriate follow-up care, taking potential cultural, health literacy, and language barriers into consideration
- ❖ Reflect on the patient populations most affected by hospital readmissions and consider how implicit bias may impact appropriate care of these patients

The presentational methods for this activity are Case Presentation with Learner Participation and Lecture with Q&A. The activity content is geared toward all physician specialties.

Thursday, October 23rd

12:15 pm

Presentation via Zoom

This activity will encompass the following Desirable Physician Attributes: Patient Care & Procedural Skills, Medical Knowledge, Professionalism, Practice-Based Learning & Improvement, and Systems-Based Practice

1.0 ABIM MOC Credit Offered

"ADULT ADHD – THE HIDDEN AND PREVENTABLE CAUSE OF DEATH, DISASTER, AND DISABILITY"

Rimal B. Bera, M.D. – Clinical Professor of Psychiatry, Department of Psychiatry & Human Behavior, University of California, Irvine Medical Center, Orange; Medical Director, Universal Care Behavioral Health, Garden Grove/Anaheim, CA and John Henry Foundation Mental Health Center, Santa Ana, CA; Psychiatry Medical Staff Clinical Supervisor, WellSpace Health, Sacramento, CA

Desired Outcomes:

At the conclusion of this activity, participants will be able to:

- ❖ Consider the scope of preventable medical, financial, emotional, and vocational problems caused by ADHD
- ❖ Recognize the signs and symptoms of ADHD and how they appear in adulthood
- ❖ Choose evidence-based treatments
- ❖ Identify ways to improve quality of care delivered to adults with ADHD by targeting commonly comorbid medical and psychiatric issues
- ❖ Access the various pathways for treatment
- ❖ Consider societal and cultural factors that contribute to the accurate diagnosis and improved recognition of adult ADHD
- ❖ Reflect on the patient populations most affected by ADHD and consider how implicit bias may impact appropriate care of these patients

The presentational methods for this activity are Case Presentation with Learner Participation and Lecture with Q&A. The activity content is geared toward Primary Care Physicians, Internal Medicine Physicians, and Emergency Department Physicians, but all physician specialties are welcome to attend.

CANCER CONFERENCE

Presentation via Zoom

12:30 pm - 1:30 pm

Thursdays

October 2nd & 16th

1.0 AMA PRA Category 1 Credit™, 1.0 Geriatric Credit, as outlined in AB120.

PATIENT CARE CONFERENCE

Presentation In-Person and via Zoom

(Continental Breakfast Provided)

7:30 am - 9:00 am

Thursday, October 9th & 16th

Price Room & via Zoom

Value: Thursday, October 23rd

Price Room & via Zoom

1.5 AMA PRA Category 1 Credits™, 1.5 ABA MOC Credits, 1.5 ABIM MOC Credits, 1.5 ABPath MOC Credits, 1.5 ABTS MOC Credits. This activity awards 0.75 credit specific to the application of fluoroscopy/X-ray, with 0.25 of that credit specific to radiation safety. This activity fulfills 1.5 hours of Geriatric credit, as outlined in AB120.



San Antonio Regional Hospital is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

San Antonio Regional Hospital designates each live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Orthopaedic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABOS credit.



Successful completion of this CME activity enables the participant to earn up to 1.0 Lifelong Learning (CME) MOC points in the American Board of Pathology's (ABPath) Maintenance of Certification (MOC) program.

Successful completion of this CME activity, enables the learner to earn credit toward the CME requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Successful completion of this CME activity enables the learner to earn credit toward the CME of the American Board of Thoracic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABTS credit.

In accordance with the Americans with Disabilities Act (ADA), please call the Medical Staff Office at (909) 920-4945 should you require special assistance.