



SAN ANTONIO REGIONAL HOSPITAL



GenerationsAHEAD

SENIOR CLUB FREE HEALTH TALK

Are You A Candidate for Joint Replacement?

THURSDAY, APRIL 27 | 3:30 PM | WEST WING 1 CONFERENCE ROOM

Living with a worn or injured joint can be painful and frustrating. Over time, even simple things, like walking through a grocery store or getting up from a chair, may cause you pain. However, you don't have to live this way. Usually, treatments for joint pain start with non-surgical methods. Over-the-counter pain relievers and anti-inflammatory medications may help. But, if you're considering joint replacement surgery, join us as San Antonio Regional Hospital's Orthopedic Nurse Navigator, Kathleen Webster, RN, BSN, ONC shares insights and pathways for your consideration.

Call 909.920.6139 today to reserve your seat.

Not a member? No problem! For more information or to join, call **909.920.6153** or visit **[SARH.org/GenerationsAhead](https://www.sarh.org/GenerationsAhead)**. Membership is FREE!

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